



Old Bawn Community School

Student Support Plan

Aims

The Student Support Team has been organised to benefit all students in Old Bawn Community School. The team are part of the overall student support system. This system includes a range of supports that cater for the learning, social, emotional, psychological, behavioural and spiritual needs of our students. The team's ultimate goal is the wellbeing of our students.

The team makes a significant contribution to the general wellbeing of the young people in our school, and it provides a stable and supportive environment for all our students.

Our aim is early intervention and identification to ensure the best outcomes for our students. Although most difficulties that we encounter are short lived and resolved with good support and minimal intervention, there can be some difficulties that arise with our students that can be of a serious and enduring nature. Some of these students require more intense and / or long-term support, including referral to specialist services (see appendix 1) which we recommend in the Tallaght and surrounding areas.

The student support team has been put in place in order to:

- Coordinate the support available for students in the school.
- Facilitate links to the community and other non-school support services.
- Enable students with support needs to continue to access a full education.
- Assist and support staff to manage students who are experiencing personal difficulties.
- Inform school management on the development and review of effective student support structures.
- Ensure staff members are briefed about the wellbeing of students as required.

Student Support Team

The student support team meets once a week and consists of members of the following teams:

- Guidance Team
- Chaplaincy Team
- Special Educational Needs Team
- School Completion Team
- Senior Leadership Team

The student support team work closely with the wellbeing coordinator, Integr8 coordinator, attendance coordinator, wellbeing teachers, SEN teachers and SPHE teachers. The team maintains close links with the coordinators of room 10 and room 16 (our designated lunch and support rooms for students with additional needs).

Referral Procedures

Where a member of staff comes across a situation where they feel a student needs support on any level, they are to follow the referral procedures and students will be seen by a member of the student support team.

Students can be referred to any member of the student support team by teachers, the SLT, year heads, tutors and parents / guardians. Referrals can be made in person, by email or by phone call. Year heads or teachers may share a behaviour support referral sheet (see appendix 2) with the student support team. The team will endeavour to put appropriate supports in place.

Students can also self-refer by booking an appointment by email, using the QR codes outside the student support offices or by dropping into the relevant offices.

All staff and students are made aware of the referral procedures at the beginning of the school year. All students are introduced to a member of the student support team at the beginning of the school year.

The student support team will often refer students to one or more of our integr8 programmes (see appendix 3). The team will refer and signpost students and their families to the relevant specialist support services and agencies.

Note Taking and Continuous Professional Development

The team adhere to all of the appropriate GDPR guidelines regarding records and note taking. For every student support meeting that takes place, notes are documented and stored in a secure filing cabinet in an office. Records are also kept on the pastoral care and integr8 database.

The team make referrals to Tusla or other agencies if required.

The student support team engage in continuous professional development on a regular basis. They meet regularly, they collaborate, and they support each other.

Minutes are kept of all student support team meetings in the relevant digital folder.

Student Voice and Leadership

Our students are empowered to help and support their peers through the Tiered Leadership Programme in the school. The tiered leadership programme provides an extra layer of support and presence in the student body.

Students are encouraged to give feedback on a regular basis regarding the support structures that are available to them in the school. The student support team can implement changes and enhancements as they see fit.

Meetings with Parents / Guardians

The student support team meet with parents / guardians and on a regular basis. In most cases the relevant student is invited to take part in the meeting (see appendix 4). With all parties engaged and present an action plan and recommendations can be put in place.

Appendix 1: Specialist Services



Counselling and Support Services

- ★ Jigsaw Dublin South West: 01-5380087
- ★ Village Counselling Service: 087-9049497
- ★ Pieta Dublin South: 01-4624792 (Self Harm)
- ★ Crosscare Teen Counselling: 01- 5574705
- ★ Aurora Counselling Ireland: 085-1029570
- ★ Jobstown Family Centre: 01-4585701 (Family Counselling and Support)
- ★ St. Catherines Counselling Service: 01-4513076
- ★ Youth Horizons: 16-19 year olds. 01- 4627021
- ★ Rainbows Ireland: 01-4734175 (Bereavement Counselling)
- ★ HOPE: Mary - 089 6105476 (Support around Suicide)
- ★ Dublin South Counselling: 01-5036844 or 085-1511310
- ★ YODA: 01-9214978 (Drugs and Alcohol Issues)



Other Supports and Services

★ Your Own GP

Your family doctor will be able to point you in the right direction regarding mental health supports

★ Mental Health Ireland

Information and support for people who experience mental health difficulties.

Contact info@mentalhealthireland.ie or visit mentalhealthireland.ie

★ Bodywhys

A range of services for adults and young people with eating disorders, and their families.

Helpline 01 2107906 or visit bodywhys.ie

★ Turn2Me

Free online counselling and online support groups for young people (aged 12 to 17) and adults.

Visit turn2me.ie

★ BeLonG To Youth Services

Support, information and groups for LGBTI+ young people in Ireland, their parents and carers, and other professionals.

Visit belongto.org

★ SpunOut.ie

Articles and information for young people on many different topics including mental health.

Visit spunout.ie

Appendix 2: Behaviour Support Referral

Old Bawn Community School, Tallaght, D24 HP38, 01 4520566, 91336W



Behaviour Support Referral

Student Name	Year	
Subject/ Time	Class	

1. Outline Behaviour Concern / Incident/Reason for Referral

In the case of serious incidents/gross misbehavior reporting teacher may not need to fill in section 2 below. eg fighting, dangerous behaviour.

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2. Actions/interventions employed/implemented to deal with this behaviour

(eg., Meeting with student outside of class time/Behaviour agreement, Inclusive/Differentiated methodologies/homework, Positive reinforcement/reward, Repeated agreed consequences set without behaviour improvement, Restorative Practice Session, Contact with parents, Verbal support sought from other key staff...)

Signed:	Date:

3. Further actions/interventions to taken by Year Head/ Principal/Deputy/Others

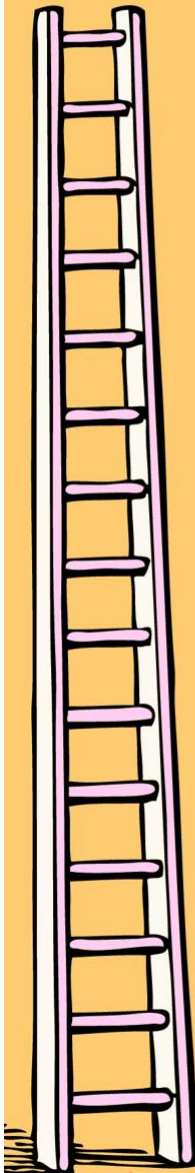
Signed:	Date:

Appendix 3: Integr8 Programmes



OBCS Integr8 Plus 2021/22

Essential steps to build a life of good health, happiness and emotional balance



Creative Writing / Journaling: Students will learn how to use writing to deal with stressful thoughts and emotions.

Artistic Expression: Students will be given the space to express themselves in a creative manner, promote self-esteem and motivation to succeed.

LION Programme: This is about how our students see themselves. It will allow them to vent allowing them to LET IT OUT NOW (L.I.O.N.) in a judgment free zone.

Personal Skills: Giving students the skills and tools needed to empower them to take ownership of their journey in life.

Organisation Skills: This will allow the students to arrange their thoughts, time and tasks in a structured way to effectively accomplish goals.

Social Skills: Students will explore a number of ways to improve their social skills, thereby reducing social anxiety and increasing personal resilience.

Music Therapy: It will give students the space to use music to promote wellbeing and personal development in their everyday lives.

Mindfulness: Students will acquire the skills and tools to help them slow down and pay attention to what's happening around them. It's about watching and acknowledging their thoughts and feelings without casting judgement.

Individual Support Programme: Support programmes tailored for individual needs.

Brand New Me Programme: New Day. New Start.

Be Well Project: It's about teaching students to use different tools to help them build new habits and changes to live an overall healthier/happier lifestyle.

Stress / Anxiety Management: Managing stress/anxiety in a positive way.


Understanding Me: This will provide our students with the knowledge and skills needed for healthy relationships with themselves, their peers and those around them. Students will explore their relationships and sexuality, thereby increasing their ability to relate to others in a healthy way.

Short Course: Keeping Well, Looking Good & Being Great: Students will learn how to take care of their physical, emotional and mental wellbeing. It will encourage students to become more responsible and independent.

DIY & Home Maintenance: Students will learn basic skills in home maintenance and problem solving. This will improve their self esteem and foster a sense of pride in their own abilities.

KICK: Kick boxing for well-being.

Appendix 4: Parent / Guardian Meeting Template

	<p>Template for Behaviour/ Pastoral/ Intervention meetings between staff, parents/students and others. Student Name: _____ Date of Birth: _____</p>
<p>List of those present</p>	
<p>Concerns outlined/Reason for meeting</p>	
<p>Agreed Outcomes</p>	
<p>Action Plan</p>	
<p>Date of Review</p>	
<p>Date:</p>	<p>Signature/s:</p>

Please use the back of this sheet if further information is required.....

PTO