Old Bawn Community School
Wellbeing 2023/24

Old Bawn Community School's education is very much centered on the education of the whole person. We are committed to the academic, creative, emotional, social, spiritual and physical development of each student in a caring and safe environment. A strong emphasis is placed on each student attaining her/his full potential through an enriching and comprehensive education. Our school promotes an atmosphere of trust and friendliness. Students are encouraged to develop responsibility, initiative, personal growth and leadership so that they can take place in society as mature and committed citizens.

The new framework for Junior Cycle provides for "a new area of learning at junior cycle called Wellbeing. Wellbeing will cross the three years of junior cycle and build on substantial work already taking place in school's culture and ethos and commitment to wellbeing visible to students. It will include learning opportunities to enhance the physical, mental, emotional and social wellbeing of students. It will enable students to build life skills and develop a strong sense of connectedness to their school and to their community. The junior cycle Wellbeing Program began with 300 hours of timetabled engagement in 2017 and will build up to 400 hours by 2020 as the new junior cycle is implemented fully in schools"

Old Bawn Community School is committed to implementing a holistic whole school approach to wellbeing, one that incorporates the new framework for Junior Cycle as well as many other areas of wellbeing support for all students and staff in our school. The indicators of wellbeing as outlined below underpin our holistic program.

Old Bawn Community School
Wellbeing Provision 2024/25

Curricular Wellbeing

Here in Old Bawn Community School we have chosen to strongly prioritise and highlight wellbeing within our School Community. This is reflected in our curricular provision:

- CSPE, PE and SPHE and Religious, Social and Cultural Studies at Senior Cycle
- Guidance related learning
- Timetabled wellbeing class: other subjects and learning experiences
- Extra-curricular and co-curricular learning

Junior Cycle Wellbeing

All Junior Cycle students take part in CSPE, PE, & SPHE. All of these subject areas support the general wellbeing of our students. Students will also take part in a modular based wellbeing program, which will allow students to explore new ways of supporting their own wellbeing. The details of the modules are outlined below:

First Year

Module one: Life Skills
Module two: IT and Internet Safety
Module three: Film making

Second Year

Module one: IT and Internet Safety
Module two: Guidance
Module three Restorative Practise
Module four: Creative Skills

Third Year

Module one: Guidance
Module two: IT and Internet Safety
Module three: Film making
Module four: Drama

Old Bawn Community School
Wellbeing 2024/25

Curricular Wellbeing

Here in Old Bawn Community School we have chosen to strongly prioritise and highlight wellbeing within our School Community. This is reflected in our curricular provision:

- **CSPE, PE and SPHE and Religious, Social and Cultural Studies at Senior Cycle**
- **Guidance related learning**
- **Timetabled wellbeing class: other subjects and learning experiences**
- **Extra-curricular and co-curricular learning**

Senior Cycle Wellbeing

Transition Year

TY students take part in a number of modules that support their wellbeing. These include Philosophy, Young Social Innovators, PE and SPHE.

5th and 6th Year

Topics relating to wellbeing are accessible to senior cycle students through Religious Social and Cultural Studies, SPHE, PE and Career Guidance.

- **Health and Wellbeing**
- **RSE**
- **Into Adulthood**